



DOLPHIN DASH & TURTLE TROT

SEPTEMBER 30, 2017

Schedule of Events

- 7:00 am:** Registration and Check-in
- 8:00 am:** Dolphin Dash Start
- 9:00 am:** Turtle Trot Start
- 9:45 am:** Awards and Post Run Festival

Age Categories

- Dolphin Dash:** 19 years & younger, 20-29, 30-39, 40-49, 50-59, 60-65, 65+
 - Turtle Trot :** 5-6, 7-8, 9-10, 11-12.
- *Any age can participate in either or both events. Awards will be given only for the categories listed.

Sponsored By:



Race Information

The Dolphin Dash is a 5K (3.1 mile) course and the Turtle Trot is a 1 mile course, both starting at IMMS in Gulfport, MS. There will be a water station located at the 5k turn around as well as the start/finish area. The course is stroller friendly and open to both runners and walkers.

Registration

- Pre-Registration (Until 9/16/2017) :**
Dolphin Dash—\$30 Turtle Trot -\$20
- Late Registration fee (After 9/16/2017) :**
Dolphin Dash—\$35 Turtle Trot—\$25

Register online at:
<http://imms.org/dash/>

Awards, Prizes, and Post Run Festival

All pre-registered participants will receive a moisture wicking run shirt. Late registrants will get shirts on a first come first served basis. All participant will be entered for random prize drawings during the post run fest.

Awards are presented to the top three overall male and female finishers and top three male and female runners in each age category. Enjoy free snacks, drinks and fun activities after the run. Present your run number for \$5 off admission to our facility on 9/30/2017.

Mail in Registration Form:

Name: _____ Date of Birth: _____ Age: _____

Gender: _____ Email: _____ I would like to receive the IMMS Newsletter

Address: _____ Phone: (____) _____ - _____

City: _____ State: _____ Zip Code: _____

Category (select one or both): _____ Dolphin Dash _____ Turtle Trot

Shirt Size: Adult __S__ __M__ __L__ __XL__ __XXL__ __3X__; Youth __XS__ __S__ __M__ __L__ __XL

IMMS

ATTN: Dolphin Dash

10801 Dolphin Lane

Gulfport, MS 39503

Amount: _____

Check #: _____

Assumption of Risk, Release, and Permission:

In consideration of being allowed to participate in the Dolphin Dash and/or Turtle Trot, I hereby assume all risks of personal injury, death or property loss arising in any way out of my participation. I represent that I am physically fit and able to participate in this event, and agree to assume all risks of my participation. I hereby release and agree not to sue the Institute for Marine Mammal Studies, their respective officers, directors, volunteers, employees, sponsors and agents, as well as their affiliates, managers, coordinating groups, and entities associated with this event, from or in connection with any and all claims of liability and other claims arising out of my participation in this event. I grant full permission to the organizers of this event to use and publish my name and image as a participant in photographs, video, results, online and in print and for related publicity purposes.

Signature

Date

Parent/Guardian Signature (if under 18)